

ABERTILLERY SPORTS CENTRE

GYM

Monday to Friday: 6am - 8pm
Saturday & Sunday: 8am - 1pm

OUTDOORS

Monday to Friday: 10am - 8.30pm
Saturday & Sunday: 9am - 1pm

POOL

Monday to Friday:

6.15am - 7.15am | 7.30am - 8.30am

12pm - 1pm | 7.15pm - 8.15pm

Saturday: 10am-11am | 11.15am-12.15pm

Sunday: 8.15am-9.15am | 9.30am-10.30am



Book online at www.bglife.co.uk or Call 01495 357779