

Abertillery Sports Centre Swimming Timetable

Monday Over 60's Free	Tuesday	Wednesday	Thursday	Friday	Saturday Under 16's Free	Sunday
Public Swim 6:15am - 7:15am	Public Swim 6:15am - 7:15am	Public Swim 6:15am - 7:15am	Public Swim 6:15am - 7:15am	Public Swim 6:15am - 7:15am	Public Swim 2:30pm - 4pm	Adults Only 8:15am - 9:15am
Public Swim 7:30am - 8:30am	Public Swim 7:30am - 8:30am	Public Swim 7:30am - 8:30am	Public Swim 7:30am - 8:30am	Public Swim 7:30am - 8:30am		Adults Only 9:30am - 10:30am
Public Swim 12pm - 1pm	Public Swim 12pm - 1pm	Public Swim 12pm - 1pm	Public Swim 12pm - 1pm	Aqua Aerobics 12:30pm - 1:30pm		Family Fun 10:45am - 11:45am
Family Fun 3pm - 4pm	Adults Only 7:30pm - 8:30pm	Aqua 7:45pm - 8:30pm	Parent & Toddler 3:30pm - 4:30pm	Adults Only 7:15pm - 8:15pm		
Parent & Toddler 4:30pm - 5:30pm		Adults Only 8:45pm - 9:45pm	Adults Only 7:15pm - 8:15pm			
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For more information call
Abertillery Sports Centre
on 01495 357779



www.bglife.co.uk