

Ebbw Vale Sports Centre Swimming Timetable

Monday	Tuesday Over 60's Free	Wednesday	Thursday	Friday	Saturday	Sunday
Public Swim 6am - 7am	Public Swim 6am - 7am	Public Swim 6am - 7am	Public Swim 6am - 7am	Public Swim 6am - 7am	Public Swim 12:30pm - 1:30pm	Public Swim 10:15am - 11:15am
Public Swim 7:15am - 8:15am	Public Swim 7:15am - 8:15am	Public Swim 7:15am - 8:15am	Public Swim 7:15am - 8:15am	Public Swim 7:15am - 8:15am	Family Swim 1:45pm - 2:45pm	Public Swim 11:30am - 12:30pm
Aqua Aerobics 8:30am - 9:15am	Aqua Tone 8:30am - 9:15am	Parent & Toddler 9:30am - 10:30am	Aqua Aerobics 8:30am - 9:15am	Parent & Toddler 9:30am - 10:30am	Family Swim 3pm - 4pm	Under 16 (Free Swim) 12:45am - 1:45pm
Parent & Toddler 9:30am - 10:30am	Over 60's 10:30am - 11:30am	Public Swim 12pm - 1pm	Over 60's 10:30am - 11:30am	Public Swim 12pm - 1pm		Family Swim 2pm - 3pm
Public Swim 12pm - 1pm	Public Swim 12pm - 1pm	Aqua Aerobics 7:30pm - 8:15pm	Public Swim 12pm - 1pm	Adults Only 8:15pm - 9:15pm		Family Swim 3:15pm - 4:15pm
Adults Only 8:15pm - 9:15pm	Adults Only 8:15pm - 9:15pm	Adults Only 8:30pm - 9:30pm				

For more information call
Ebbw Vale Sports Centre
on 01495 357777

