

# Abertillery Sports Centre

## Summer Holidays Swimming Timetable

### 26th July - 15th August 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Adults Only</b> 6:15am - 7:15am	<b>Adults Only</b> 6:15am - 7:15am	<b>Adults Only</b> 6:15am - 7:15am	<b>Adults Only</b> 6:15am - 7:15am	<b>Adults Only</b> 6:15am - 7:15am	<b>Swim Lessons</b> 10am - 2pm	<b>Adults Only</b> 8:15am - 9:15am
<b>Adults Only</b> 7:30am - 8:30am	<b>Adults Only</b> 7:30am - 8:30am	<b>Adults Only</b> 7:30am - 8:30am	<b>Adults Only</b> 7:30am - 8:30am	<b>Adults Only</b> 7:30am - 8:30am	<b>Family Fun</b> 2:30pm - 3:30pm	<b>Adults Only</b> 9:30am - 10:30am
<b>Swim Lessons</b> 9am - 12pm	<b>Swim Lessons</b> 9am - 12pm	<b>Swim Lessons</b> 9am - 12pm	<b>Swim Lessons</b> 9am - 11am	<b>Swim Lessons</b> 9am - 12pm		<b>Family Fun</b> 10:45am - 11:45am
<b>Adults Only</b> 12pm - 1pm	<b>Adults Only</b> 12pm - 1pm	<b>Adults Only</b> 12pm - 1pm	<b>Aqua Yoga</b> 11am - 11:45am	<b>Aqua Aerobics</b> 12:30pm - 1:30pm		<b>Swim Lessons</b> 12pm - 3pm
<b>Parent &amp; Toddler</b> 12pm - 1pm	<b>Parent &amp; Toddler</b> 12pm - 1pm	<b>Parent &amp; Toddler</b> 12pm - 1pm	<b>Adults Only</b> 12pm - 1pm	<b>Parent &amp; Toddler</b> 3pm - 4pm		
<b>Parent &amp; Toddler</b> 3pm - 4pm	<b>Swim Lessons</b> 3:40pm - 7:30pm	<b>Swim Lessons</b> 3:40pm - 5pm	<b>Parent &amp; Toddler</b> 12pm - 1pm	<b>Family Fun</b> 4:30pm - 5:30pm		
<b>Family Fun</b> 4:30pm - 5:30pm	<b>Adults Only</b> 7:45pm - 8:45pm	<b>Family Fun</b> 6:15pm - 7:15pm	<b>Parent &amp; Toddler</b> 3:30pm - 4:30pm	<b>Family Fun</b> 6pm - 7pm		
<b>Adults Only</b> 7:15pm - 8:15pm		<b>Aqua Fit</b> 7:30pm - 8:15pm	<b>Rookie Lifesaving</b> 7:15pm - 8pm	<b>Adults Only</b> 7:15pm - 8:15pm		
			<b>Adults Only</b> 8:15pm - 9:15pm			

**Booking is Essential.**  
**For more information call Abertillery**  
**Sports Centre on 01495 357779**



# Abertillery Sports Centre

## Summer Holidays Swimming Timetable

### 16th August - 29th August 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Adults Only</b> 6:15am - 7:15am	<b>Adults Only</b> 6:15am - 7:15am	<b>Adults Only</b> 6:15am - 7:15am	<b>Lane Swim</b> 6:15am - 7:15am	<b>Adults Only</b> 6:15am - 7:15am	<b>Swim Lessons</b> 10am - 2pm	<b>Adults Only</b> 8:15am - 9:15am
<b>Adults Only</b> 7:30am - 8:30am	<b>Adults Only</b> 7:30am - 8:30am	<b>Adults Only</b> 7:30am - 8:30am	<b>Adults Only</b> 7:30am - 8:30am	<b>Adults Only</b> 7:30am - 8:30am	<b>Family Fun</b> 2:30pm - 3:30pm	<b>Adults Only</b> 9:30am - 10:30am
<b>Family Fun</b> 10:30am - 11:30am	<b>Family Fun</b> 10:30am - 11:30am	<b>Family Fun</b> 10:30am - 11:30am	<b>Family Fun</b> 9:30am - 10:30am	<b>Family Fun</b> 10:30am - 11:30am		<b>Family Fun</b> 10:45am - 11:45am
<b>Adults Only</b> 12pm - 1pm	<b>Adults Only</b> 12pm - 1pm	<b>Adults Only</b> 12pm - 1pm	<b>Aqua Yoga</b> 11am - 11:45am	<b>Aqua Aerobics</b> 12:30pm - 1:30pm		<b>Swim Lessons</b> 12pm - 3pm
<b>Parent &amp; Toddler</b> 12pm - 1pm	<b>Parent &amp; Toddler</b> 12pm - 1pm	<b>Parent &amp; Toddler</b> 12pm - 1pm	<b>Adults Only</b> 12pm - 1pm	<b>Parent &amp; Toddler</b> 3pm - 4pm		
<b>Parent &amp; Toddler</b> 3pm - 4pm	<b>Swim Lessons</b> 3:40pm - 7:30pm	<b>Swim Lessons</b> 3:40pm - 5pm	<b>Parent &amp; Toddler</b> 12pm - 1pm	<b>Family Fun</b> 4:30pm - 5:30pm		
<b>Family Fun</b> 4:30pm - 5:30pm	<b>Adults Only</b> 7:45pm - 8:45pm	<b>Family Fun</b> 6:15pm - 7:15pm	<b>Parent &amp; Toddler</b> 3:30pm - 4:30pm	<b>Family Fun</b> 6pm - 7pm		
<b>Adults Only</b> 7:15pm - 8:15pm		<b>Aqua Fit</b> 7:30pm - 8:15pm	<b>Rookie Lifesaving</b> 7:15pm - 8pm	<b>Adults Only</b> 7:15pm - 8:15pm		
			<b>Adults Only</b> 8:15pm - 9:15pm			

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