

Ebbw Vale Sports Centre

Summer Holidays Swimming Timetable

26th July - 29th August 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim 6am - 7am	Lane Swim 6am - 7am	Lane Swim 6am - 7am	Lane Swim 6am - 7am	Lane Swim 6am - 7am	Adult Lane Swim 11am - 12pm	Adult Lane Swim 10:15am - 11:15am
Lane Swim 7:15am - 8:15am	Lane Swim 7:15am - 8:15am	Lane Swim 7:15am - 8:15am	Lane Swim 7:15am - 8:15am	Lane Swim 7:15am - 8:15am	Swim & Slides 12:15pm - 1:15pm	Under 16s FREE 11:30am - 12:30pm
Aqua Aerobics 8:30am - 9:15am	Aqua Aerobics 8:30am - 9:15am	Disability Swim 8:45am - 9:45am	Aqua Aerobics 8:30am - 9:15am	Disability Swim 8:45am - 9:45am	Swim & Slides 1:30pm - 2:30pm	Family Swim 12:45pm - 1:45pm
Adult Lane Swim 10am - 11am	Over 60s 10am - 11am	Adult Lane Swim 10am - 11am	Over 60s 10am - 11am	Parent & Toddler 10am - 11am	Swim & Slides 2:45pm - 3:45pm	Family Swim 2pm - 3pm
Family Swim 11:15am - 12:15pm	Lane Swim 11:15am - 12:15pm	Playscheme (Booking Necessary) 11:15am - 12:15pm	Lane Swim 11:15am - 12:15pm	Adult Lane Swim 11:15am - 12:15pm		Family Swim 3:15pm - 4:15pm
Family Swim 12:30pm - 1:30pm	Family Swim 12:30pm - 1:30pm	Family Swim 12:30pm - 1:30pm	Family Swim 12:30pm - 1:30pm	Family Swim 12:30pm - 1:30pm		
Parent & Toddler 1:45pm - 2:45pm	Family Swim 1:45pm - 2:45pm	Family Swim 1:45pm - 2:45pm	Family Swim 1:45pm - 2:45pm	Swim & Slides 1:45pm - 2:45pm		
Adult Lane Swim 8:15pm - 9:15pm	Adult Lane Swim 8:15pm - 9:15pm	Aqua Aerobics 7:30pm - 8:15pm		Adult Lane Swim 8:15pm - 9:15pm		
		Adults Only 8:30pm - 9:30pm				

All swim sessions must be booked in advance as spaces are limited.

**To book a Family Swim or Parent & Toddler Session
call Ebbw Vale Sports Centre on 01495 357777**

